

ROUTE 1 (FINCHINGFIELD)	Time	
Maldon (church) meet	9.00	
Leave PROMPT	9.10	
Exit via London Road		
Woodham Walter	9.25	Via church not Beeleigh short cut
Hatfield Peverel A12 bridge	9.35	Via back road emerging Blue Strawberry,
Terling		
Gt. Leighs		
Rayne (traffic lights)		
Shalford		
Wethersfield		
Finchingfield		
Gt Bardfield*		
Gt Saling		(or Andrewsfield airfield cafe)
Bannister Green		
Gt Leighs		
Terling church		
Hatfield Peverel OR North Hill		55m approx

NO RACING, only group tempo riding until the mid point (marked*)
Timings are approximate, but group not to leave the identified pick-up points more than five minutes earlier than the stated times
If twelve or more riders, then divide into two groups, to reassemble at the mid point
Wait for mechanical problems / punctures before the mid point
These are training rides, not club runs, so will ride tempo / fast, not to match the speed of the slowest riders
Please carry map / food / spare tubes etc in case you are dropped and have to fend for yourselves
There is no designated person in charge, these are informal but structured runs undertaken at the sole responsibility of the individuals participating, likewise there is no liability attached to Maldon & District Cycling Club whatsoever

See also:

<http://www.bikely.com/maps/bike-path/MAD-Training-1>

